ANONYMITY

If you have ever questioned the meaning of anonymity, perhaps this pamphlet will help. One definition of "anonymous" is "nameless." Anonymity is vital to the continued growth and existence of Cocaine Anonymous, and the Fellowship's name contains an implicit promise of privacy.

By treating who we see and what we hear at our meetings, whether in person or online as confidential, C.A. remains a safe place to share our experience, strength and hope.

Privacy is of the utmost importance when we first enter the Fellowship. We may feel fearful at the thought that family, friends, or work colleagues might discover our addiction. Online meetings can offer an additional layer of comfort and accessibility, allowing us to connect from our own space while still maintaining our anonymity.

As we grow in our sobriety, anonymity takes on a greater spiritual emphasis. It calls on us to act with humility; that is, to be right-sized in our opinions of ourselves and our relationship with others.

As expressed in our Traditions- C.A's Eleventh Tradition states, "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of all public media"

In today's world, this also extends to digital spaces, including online meetings, social media, and other virtual platforms. We are reminded not to disclose the identity of any member or share meeting content publicly protecting anonymity online is just as important as in face-to-face settings.

We are not a secret society. On a personal level, we share our experience with those who may benefit from what we have found. Rather than promoting our solution to drug and alcohol addiction, it is our aim that when prospective fellows see how our lives have changed - whether in person or through online connection-they will be attracted and inspired to join us.

Within our Fellowship, it is the choice of each individual whether to disclose their last name, turn on their camera, or share contact information in online meetings. We respect each member's level of comfort and privacy. If we recognize other members outside of meetings-whether in person or online -we take care not to break their anonymity in front of others.

The Twelfth Tradition of Cocaine Anonymous states: "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

For the full CA approved pamphlet see below:

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