# C.A For the LGBTQ+ Addict

**C.A. Is Also for the Gay, Lesbian, Bisexual, or Transgender Addict - Wherever You Are**

*"The first time I shared my story at a Cocaine Anonymous online meeting, I expected judgment - maybe even rejection. Instead, I was met with warmth, understanding, and genuine connection. For someone who grew up feeling excluded, that kind of acceptance changed everything. In this Fellowship, people value my experience and thank me for being honest about who I am."*

Many of us have lived in a world shaped by prejudice, misunderstanding, or exclusion because we are gay, lesbian, bisexual, or transgender. Some of us turned to cocaine or other substances in an attempt to feel accepted, to belong, or to escape the discomfort of feeling different. Whether it was the pull of nightlife, the search for community, or the pain of rejection from family, friends, or society, drugs and alcohol often became a way to cope.

Some of us were judged or turned away by those closest to us. Others struggled with feelings of shame, isolation, or even the belief that we were unworthy of love or spiritual connection. We wondered if recovery was possible for people like us. We questioned whether anyone could truly understand our experiences.

Then we found Cocaine Anonymous.

We learned that the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. Through online meetings, many of us found a safe and accessible space to connect - no matter where we live or what our circumstances are. At first, some of us still felt different or unsure if we would belong. But as we listened, we began to hear our own stories reflected back to us. The details might differ, but the feelings - the fear, the hope, the desire for change - were the same.

In these online spaces, we discovered that we are not alone.

When we joined our first meetings, we were welcomed with kindness and respect. Those who reached out to us didn't focus on our background, identity, or past - they cared about our recovery. Whether we are gay, lesbian, bisexual, transgender, or questioning, we are embraced as equals. The message is simple and powerful: you are welcome here.

Through connection, honesty, and shared experience - whether in person or online - we find hope. And together, we recover.

For the full C.A version of the Pamphlet follow the Link below:

C.A. for the LGBTQ+ Addict