To the Newcomer

What Brought Us Here?

Each of us reached recovery in our own way. Some experienced physical health problems. Others reached emotional, financial, or spiritual lows. Many of us simply became exhausted by the cycle of using, promising ourselves we'd stop, and finding ourselves using again.

Finding Recovery Through Cocaine Anonymous

Cocaine Anonymous is a Fellowship of people who help one another recover from addiction. Today, that support is available wherever you are through online meetings, making it possible to connect with recovering addicts from the comfort and privacy of your own home.

In our online meetings, we share our experience, strength and hope. You'll find people who understand exactly how you feel because they've been there too. Everything shared is treated with respect and confidentiality.

There are no dues or fees. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.

Recovery doesn't happen alone. Between meetings we support one another through phone calls, messages, sponsorship and fellowship, reminding each other that help is always available.

You've Already Taken the First Step

If you're reading this or joining an online meeting today, you've already taken an important first step. Reaching out for help takes courage, and you never have to face addiction on your own again.

Whether this is your very first meeting or your hundredth, you'll be welcomed with understanding, acceptance and hope. Keep coming back, stay connected, and give yourself the chance to discover a new way of life-one day at a time.

For the Full C.A approved version of the pamphlet follow the Link below:

To the Newcomer